

Pupils' comments about anger and prompts

<p>1. If someone was to tell me anger is always bad, I'd say they were wrong because sometimes you need to express yourself through anger. And that's how you show who you are.</p>	<p>2. I think anger can sometimes be a good thing because you don't want to keep it inside. You've got to express yourself and say what you think. But not too much.</p>
<p>3. Anger can be a good thing sometimes because say if someone has died you are trying to release the anger of losing them.</p>	<p>4. I think it's good to release anger but don't harm anything or anyone.</p>
<p>5. Sometimes it isn't a good thing to be angry with someone when they have done it by accident instead of on purpose. So then you can talk about it and forgive them instead of just screaming and shouting.</p>	<p>6. Anger is bad when you lose control of things and you get so wound up you lose control of what you are doing and you lash out at people and things.</p>
<p>7. The best time to express your anger is when you are alone in a room because that way no-one will be hurt.</p>	<p>8. Sometimes you should express your anger and lose control because it'll carry on building up inside you and then eventually you'll lose control anyway and you'll just go mad.</p>
<p>9. It's bad if you could see it because people would be ranting and raving and running around screaming and losing control but if it's good anger you might have done something good but you are bit angry that you've done it a bit wrong because you're angry at yourself.</p>	<p>Prompt: <i>"This is completely wrong because ..."</i></p> <p>Prompt: <i>"I like this comment but something is missing and that is ..."</i></p>