
EXERCISE: What sorts of things can you change your mind about?

1. Jordan is sitting at a front desk in the classroom. Can Jordan change to another desk?
2. Jordan thinks about sitting in another seat. Can Jordan imagine himself sitting in another seat?
3. Jordan believes he is sitting in a seat at the front of the room. Can Jordan change his mind without changing his seat?
4. Jordan is wearing blue socks. He believes he is wearing blue socks. Can he change his mind about the color of his socks?
5. Jordan is thinking about asking permission to leave the room. Can he change his mind about asking permission?
6. Jordan wants a drink of water. Can he change his mind about wanting a drink of water?
7. Jordan is planning to visit Terry after school. Can he change his mind about such a visit?
8. Jordan is thinking about changing his socks. Can he change his mind about changing his socks?
9. Jordan says, "Changing your mind is like changing a dollar bill." Is Jordan right?
10. Jordan says, "Changing your mind is like changing your socks." Is Jordan right?
11. Jordan says, "Changing your mind is like changing your seat." Is Jordan right?
12. Jordan says, "Changing your mind is like changing your plans." Is Jordan right?
13. Jordan says, "What is it like to change your mind? I don't know. I keep changing my mind about it." Do you feel the same way about it that Jordan does?

EXERCISE: How something I learned made me change my mind

Each person in the class complete the following:

I was about to _____

Then I learned _____

and that made me change my mind.

Now I no longer plan to _____
